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Moana Recipe

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Moana's Sunshine Bowl

Prep: 15 mins

Serves: 1



Unleash your inner artist and update your Instagram feed by assembling this exotic fruit-filled breakfast bowl that's fit for a princess.

Ingredients

- [25g shredded coconut, plus extra to garnish](#)
- [1 banana, frozen](#)
- [40g seasonal melon, frozen](#)
- [120g Low Fat Greek yogurt](#)
- [2 small oranges, setting aside 3 slices to garnish](#)
- [Sliced almonds, to garnish](#)
- [A handful of blueberries, to garnish](#)
- [A handful of green grapes, to garnish](#)

Equipment

- [Blender](#)

Method

1. Blend together the shredded coconut, frozen banana, frozen melon, greek yogurt and oranges until it reaches a smooth consistency.
2. Pour the thick smoothie base into a bowl. Arrange the sliced almonds, blueberries, orange slices, and green grapes on top. Finish with a final sprinkle of shredded coconut. Enjoy!

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